

Do the Right Thing Do It Right



The Problem We Face

- Our community is divided over the proposed homeless shelter.
- Social media debates have turned neighbors against neighbors.
- Saying 'no' has been unfairly labeled as uncaring.

Understanding Both Sides

- We all want to help, but good intentions aren't enough.
- Homelessness is a real and heartbreaking issue.
- We need solutions that work for everyone.



Learning from California

Proposition 47 aimed to reduce incarceration and fund rehabilitation.

Unintended results: Increased theft, struggling businesses, and unsafe communities.







Effectiveness of Housing First with Intensive Case Management in an Ethnically Diverse Sample of Homeless Adults with Mental Illness: A Randomized Controlled Trial

Vicky Stergiopoulos ^{1,2}*, Agnes Gozdzik¹, Vachan Misir¹, Anna Skosireva¹, Jo Connelly³, Aseefa Sarang⁴, Adam Whisler¹, Stephen W. Hwang^{1,5}, Patricia O'Campo^{1,5}, Kwame McKerzik^{2,7}

1 Certain Of Research on Innor City Health, Li Kai Shing Knowledge Institute, St. Michauf at Hospital, Torroit Octates, Caraska, 2 Department of Payrista, University of Torroit, Torroits, Octates, Caraska, 3 Torroit North Signort Sewices, Torroits, Ortains, Caraska, 4 Across Bourdaries, Toorric, Ortains, Caraska, 5 Division of General Internal Medicine, Department of Medicine, University of Torroits, Ortains, Caraska, 7 Health Caraska, 5 Dalist Laras School of Pablic Health, University of Torrich, Torroits, Ortains, Caraska, 7 Health Caraska, 5 Caraska, 5

Steminnoutosv@smh.ca



OPEN ACCESS

Citation: Stergiopoulos V, Gozzizik A, Meir V, Skorine A, Connelly J, Sarang A, et al. (2015) Effectiveness of Housing First with Intensive Case Managementin an Ethinically Overse Sample of Homeless Adults with Mental Times: A Fandomized Controlled Trial. PLoS ONE 10(7): e0130281. doi:10.1071/journal.pome.0130281

Editor: Branko Meksic, Nagoya University Graduate School of Medicine, JAPAN

Abstract

Housing First (HF) is being widely disseminated in efforts to end homelessness among homeless adults with psychiatric disabilities. This study evaluates the effectiveness of HF with hierance Case Management (ICM) among ethically diverse homeless adults in an urban setting, 378 participants were randomized to HF with ICM or treatment-as-usual (TAU) in Toronto (Canada), and followed for 24 months. Measures of effectiveness included housing stability, physical (EQSD-VAS) and mental (CSI, GAIN-SS) health, social functioning (MCAS), quality of life (CQL/EQ), and health service use. Two-thirds of the sample (63%) was from racialized groups and half (50%) were born outside Canada. Over the 24 months



Think Bigger: Is a Large Shelter the Best Solution?

- Studies from Toronto show:
 - Homeless individuals supported in their own communities are more likely to find stable housing.
- Some Findings:
 - 92% reduction in homelessness over two years.
 - Participants spent 75% of their time in stable housing (vs. 39% for the control group).
 - Mental Health Improvements: also showed significant improvements in mental health outcomes and quality of life.

Why We Support Mayor

- Repeating the same proposal isn't the answer.
- Nothing has changed since last year.
- We need a solution that brings us together, not tears us apart.

Our Mayor, Our Voice





